

## Conversation starters

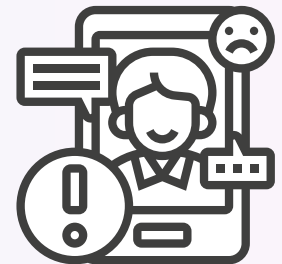


Safer Internet Day 2022 is a fantastic opportunity to have a conversation with your child about life online, and especially this year's theme, **'All fun and games? Exploring respect and relationships online.'**

Use the questions below to help start discussions about how we can all use the internet safely, respectfully, responsibly, and positively when gaming and spending time online.

### Start the conversation on a positive note:

- Ⓜ What do you like most about the internet and why?
- Ⓜ How do you have fun using the internet and technology?
- Ⓜ What's your favourite game, app or website?
- Ⓜ How does going online make you feel?
- Ⓜ How does the internet and technology make your life better?
- Ⓜ Do you most enjoy going online alone, or with other people?



### Talk about relationships and communicating online:

- Ⓜ Who do you communicate with online? What different methods do you use to communicate online? (E.g. in-game chat, video calls, group chats, etc.)
- Ⓜ What is good about communicating online?
- Ⓜ What can be challenging about communicating online?
- Ⓜ What is different about talking to someone online compared to talking face to face?
- Ⓜ How much can you trust people you only know online?
- Ⓜ What do you and your friends do to keep yourselves safe and happy, when you are chatting and communicating online?

## Talk about respect online:

- Ⓜ What does respect mean to you? What does it look like online?
- Ⓜ What does disrespect look like online?
- Ⓜ What makes a good friend online?
- Ⓜ What can you do if you fall out with a friend online?
- Ⓜ Do people disagree more online or offline? Why do you think that is?
- Ⓜ What could you do if someone you were talking to online was unkind to you, or made you feel worried, upset, or uncomfortable?



## Talk about looking after yourself and others online:

- Ⓜ How do you stay safe online? What tips do you have and where did you learn them?
- Ⓜ Do you know where to go for help and where to find the safety tools on your favourite apps and games?
- Ⓜ What could you do if being online is making you feel worse rather than better?
- Ⓜ What could you do if you saw that a friend online needed some help or support?

